

25th January 2021



PROBVS NEWS

The monthly newsletter of Reading East Probus

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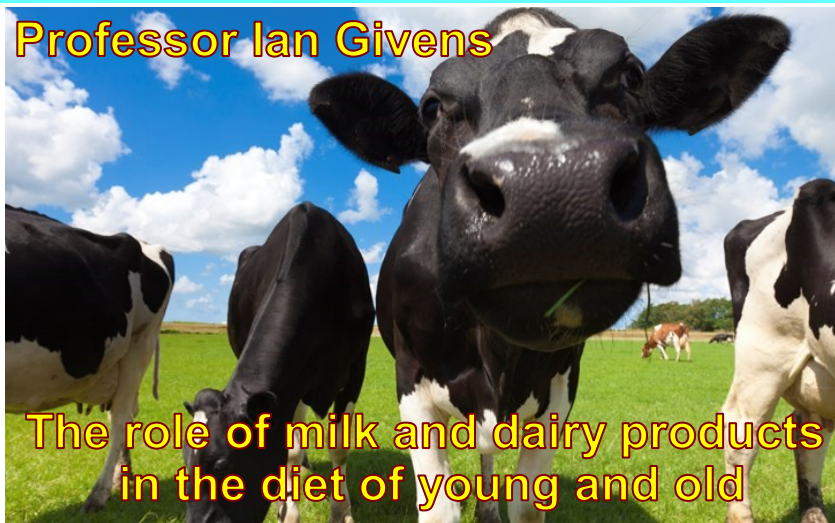
A NOMINATION FORM FOR THE OFFICERS OF THE COMMITTEE ACCOMPANIES THIS NEWSLETTER

Place Number

«No»

Today's Meeting is on Zoom at 10:00 ...

Professor Ian Givens



The role of milk and dairy products in the diet of young and old

Next Month's Zoom Meeting

Is on Monday the 22nd February 2021 at **10.00** when our speaker will be Professor Glen Gibson with his talk 'Friends in low places: An A-Z overview of gut microbiology'.

General

The Committee met on Wednesday the 20th January via Zoom. The Committee wish to encourage our members, associates and their partners to join us for today's talk which is of interest to all of us and our wellbeing. Please click on the link in the email sent to you all last Thursday and follow the on-screen instructions. We would like to remind you that the email invitation to our monthly talks on Zoom is intended for the recipient's use only and should not be passed to anyone outside our club.

Annual General Meeting

Given that lunch meetings are unlikely to resume for the foreseeable future, your Committee have agreed that the AGM should go ahead on the 22nd March 2021 at 10:00 via Zoom and the notice of the AGM will be emailed next month together with the supporting information. If any member is interested in joining the Committee, would they please complete a Nomination Form contained in the pdf file accompanying this newsletter and return it to the Secretary without delay.

New Edition of Club Rules

Also accompanying this newsletter is a pdf file containing the new edition of the Club Rules reflecting the amendment to Rule 5.5 agreed at last January's Extraordinary General Meeting but due to the temporary suspension of lunch meetings it has not been possible to deliver the document in a hard copy.

News of Members

You will have received the sad news of the passing of Doug Walters, we will all miss his husky Welsh voice and sharp wit. Golfers watch out on the other side!

Mike Coulson has moved to Abergavenny but remains a full member of the club for this year.

Mike Hatcher has left the club as he moving out of area.

Bob Trayling has transferred to Associate Membership.

Members Birthdays

The following members have had, or will have their birthdays in January :- Alf Beagley, Peter Gough, Mike Palmer, Jack Shankla and Trevor Yapp.

Happy Days!

Social Calendar Details - provided by Chris Ward and Peter Francis

READING EAST PROBUS CLUB - FUTURE EVENTS CALENDAR

Day/Date	Event	Deposit/Payment required	Balance required
Tuesday 16 th Feb. 2021	CANCELLED DUE TO ONGOING COVID RESTRICTIONS - Early Spring Walk in Windsor Great Park Organisers: Keith Toogood and Peter Gough	-	-
Monday 22 nd Mar. 2021	DATE FOR YOUR DIARIES - Talk by Alan Harland Reading's Trams	-	-
Wednesday 24 th Mar. 2021	NEW (COVID RESTRICTIONS PERMITTING) - A gentle walk to and around "The Combes", Barkham The walk is circa 5 miles. Meet at 10.15hrs. to set off at 10.30 hrs. at the recreation ground car park, Swallowfield Road, Arborfield Cross (OS Grid Reference SU 760670). The Combes is a small but very beautiful area of thick ancient woodland situated 2 1/2 miles to the south-west of Wokingham town centre. Most paths are easily walkable, but can be muddy in places, so sturdy footwear is advisable. Most of the terrain is gentle with a couple of short steep sections. There are no stiles to memory, and one stream to cross over a footbridge. We walk from Arborfield Cross to the Combes via a by-way, with views of Bearwood on our left (north of us) as we approach the woodland. Please bring some form of refreshment (sandwich and a hot drink), but bear in mind, we may be able to finish our walk with a coffee at Henry Street Garden Centre! Organiser: Chris Bintcliffe T:0118 926 4683	-	-
Monday 26 th Apr. 2021	DATE FOR YOUR DIARIES - Talk by Mike Luff Haiti, the poorest nation on earth	-	-
Monday 24 th May 2021	DATE FOR YOUR DIARIES - Talk by Barry Neville Arthur Ransome: journalist, columnist, children's author, sailor, fisherman - and spy. A personal memoir	-	-
Monday 28 th Jun. 2021	DATE FOR YOUR DIARIES - Talk by Richard Stainthorp A History of Reading Gaols	-	-
Monday 26 th Jul. 2021	DATE FOR YOUR DIARIES - Talk by Alan Penn The Nuclear Powered Heart Pacemaker	-	-
Monday 23 rd Aug. 2021	DATE FOR YOUR DIARIES - Talk by Tom Way Tooth, Claw and Mane	-	-
Monday 27 th Sep. 2021	TBA	-	-
Monday 11 th Oct. 2021 to Friday 15 th Oct. 2021	NOW CLOSED - Four Night Walking/Sightseeing visit to Warners Thoresby Hall Hotel, Nr. Ollerton, Nottingham- shire. See more by following this link: https://www.warnerleisurehotels.co.uk/hotels/thoresby-hall- hotel Paul Townson is the organiser Tel: 0118 975 2191	Deposit of £30 pp. payable now but no later than 18th Dec.2020	Balance June TBA
LATEST INFORMATION ON TALKS CAN BE FOUND ON THE CLUB WEBSITE AT: www.probusreadingeast.org			

Reading East Probus — Committee Members

Chairman - Gordon Murray-Smith, **Vice Chairman** - Nigel Poole (co-opted - Acting Chairman),
Social and Visits Secretary - Adrian Bellars, **Treasurer** - Keith Toogood, **Secretary** - Richard Greenaway,
Membership Secretary & Almoner - Geoffrey Wallace, **Lunch Secretary** - Nick Bell (co-opted),
Speaker Secretary - Chris Ward, **Communications Officer** - Peter Gough,
Committee Member, Club Sales & Walks Coordinator - Peter Francis